

## Community Support

### Support Line

The Support Line runs Monday - Friday 9:30am-5pm offering telephone advice and support for anyone affected by domestic abuse including family, friends, carers and professionals working with people affected by domestic abuse.

### The Reach Project

The REACH project was specifically designed to reach the most marginalised survivors with multiple disadvantage who need specialist support to break free from Domestic Abuse. Services include:

- A Diverse Communities Domestic Abuse Advisor (DCDAA)
- A Complex Needs Domestic Abuse Advisor (CNDAA)
- A Young Persons Domestic Abuse Advisor (YPDA)

### ADViSE programme

A sexual health clinic based domestic violence and abuse (DVA) training, support and referral programme. ADViSE ensures that sexual health practitioners can respond effectively to domestic violence and abuse and that specialist support is available for patients.

### Male Domestic Abuse Advisor

Dedicated one to one and group work support for Male Victims of Domestic Abuse.

### Make a Change

In partnership with Talk Listen Change (TLC), Make a Change (MAC) is a community-wide, early response approach to people using abusive behaviours in their intimate relationships (or who are concerned that they might be). TDAS provide support to partners/ex partners and children within the household.

### Domestic Abuse Surgeries

The Domestic Abuse Surgery provides up to 6 sessions of emotional support and constructive advice for survivors. It is a face to face appointment-based service.



## Children & Young People

TDAS have both one-to-one and group-based programmes that offer emotional support and education around domestic abuse and its impacts for children and young people.

### One to One Support

We can provide a minimum of 8 sessions for children between 5 and 18 years, who have lived experience of domestic abuse or who have been in their own abusive relationship

### R'Space©

R'SPACE© is a 6 week group support programme for children and young people who have lived through domestic abuse. The groups are split into several age categories; 5-7, 8-11 and 12-14 and explore different topics each week.

### Speak Out Speak Now©

Speak Out Speak Now is a 6 week programme for young people aged over 14 years that aims to provide awareness and understanding of domestic abuse and healthy relationships.

### Training for Professionals

We provide training courses for professionals on various topics, including half day sessions and 45 minute Lunch and Learns



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[www.tdas.org.uk](http://www.tdas.org.uk)

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## Our Services



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## Accommodation

### Phoenix House Refuge

Phoenix House is a 6 bedroom family, shared refuge. Up to six families live in this refuge. A mum and her children have their own room and share the rest of the facilities with the other residents. Children are well catered for with an outdoor play area and a playworker offering play sessions four times a week. Parenting support and groups are also offered

### Lotus House Refuge

Lotus House is a 6 bedroom refuge for single women. Each woman has her own room with en-suite facilities and the rest of the facilities are shared with the other residents. We will consider applications where a victim of domestic abuse is experiencing mental health problems and/or drug and alcohol problems

### Blossom House Refuge

Blossom House is a 5 bed refuge for women with 1 child. Each woman has her own room. There are two large bathrooms, a communal lounge/play area and Kitchen. There is a staff office on site where support staff are based Monday-Friday.

### Dispersed Properties

We have 2 family dispersed properties to support families or male victims where refuge is not suitable.

### Accommodation for those with additional support needs

This is a two bedroom property for two single women. Each woman has her own room and the rest of the facilities are shared with the other resident. We will consider applications where a victim of domestic abuse is experiencing mental health problems and/or drug and alcohol problems. Unlike the other two refuge properties, TDAS staff are not based on site.



## Further

## Accommodation Support

### Homeless MODAA

Our Homeless Move On Domestic Abuse Advisor provides a specialist trauma-informed support service for individuals and families on a 121 basis providing the interventions needed to prevent them from becoming homeless and to resettle them in to new accommodation if required

### Move on Accommodation

Move on accommodation is a Tier2 supported housing provision for victims of domestic abuse that are currently being housed in a refuge, temporary accommodation or are homeless and need support to live independently in the community.

### TDAS Resettlement Support

– one-to-one practical and emotional resettlement support to residents moving into their own accommodation. Intensive short-term support and assistance around the process of sustaining or taking up a tenancy (tenancy terms and conditions, transferring benefit claim, assistance with setting up utility bills, chasing up HB claim, assistance with moving) to ensure service users are effectively linked to support networks as appropriate.

## Community Support

### TDAS Outreach

The community outreach service is for those who require longer term support because of their experiences, whether pastor present, of domestic abuse. The service offers support that is tailored to individual need to assist you through your journey.

### IDVA

Our specialist team of Independent Domestic Violence Advocates (IDVAs) work with adults in the Trafford area, aged 16 and over, who are identified as being at high and increased risk of domestic abuse and heard at MARAC. Our IDVAs provide professional support and guidance to victims of domestic abuse throughout their journey from crisis to safety working within a multi-agency framework where the safety of the victim, and their children, is always at the heart of any work undertaken.

### Back to Me©

The Back to Me© Programme is a Personal Development with sessions including confidence building, Communication skills, Assertiveness, Goal Setting and 'How to be Happier'.

### True Colours©

The True Colours© Programme is a 6-week information and support programme built around the realities and effects of domestic abuse. This course aims to reduce the isolation survivors often feel.

### TDAS Volunteer Support Service

Volunteers are assigned to empower service users to continue their journey of change with the aim of reducing isolation, increasing support networks and increasing their confidence in tackling the transition into independent living without the dedicated support of TDAS support staff.

